

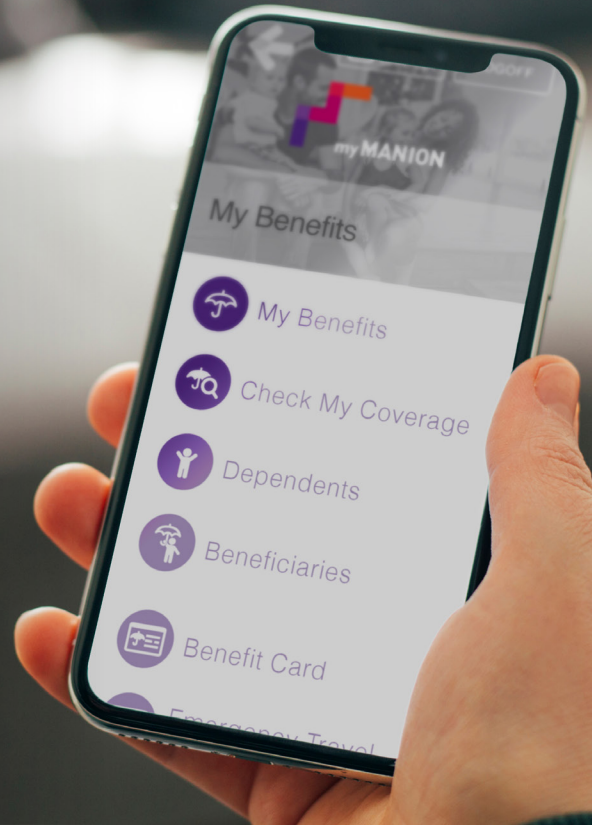


## We're changing how you receive eligibility notices

Beginning in March, eligibility notices, including Self Pay, Reinstatement and Termination letters, will be electronically delivered through myManion's Message Center for members with an email on file.

Managing your plan eligibility is quicker and easier on myManion. Simply login, review, done - it's that easy!

**To continue receiving notices by mail, contact us using the methods below.**



### STAY UPDATED

Receive notifications from the myManion Message Center when important eligibility notices, such as Self Pay, require action.



### VIEW NOTICES ONLINE

Notices are available online 24/7 - no more waiting for items to arrive in the mail!



### ANYTIME, ANYWHERE ACCESS

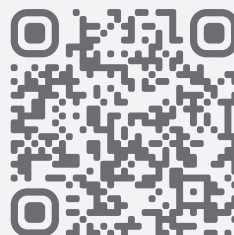
Access your coverage details and eligibility status from wherever you are, on any device.

### Need help?

Contact us at **709.747.2249 ext 308** or **lwells@ualocal740.ca**

## Go to myManion now

1. Go to **mymanion.com** to log in or **solutions.manionwilkins.com/download** to download and install the app for your phone or tablet.
2. Enter the username and password found in your **myManion** welcome letters or emails to log in.



SCAN ME

Open your camera app on your phone or tablet, and point your camera at this QR code.

Follow the instructions on your screen to download the appropriate app.